



MUNICIPAL NEWSLETTER

Town of Carlisle

OCTOBER 2024

*Sign up for
the Town
Website's
News Flashes
to be notified
of the next
edition!*

Welcome Noelle Beland!

Noelle Beland is our new Planning, Zoning and Land Use Assistant! She is working with Town Planner Julie Mercier to support the planning department, ZBA, and other land use projects. Noelle is a recent graduate from UMass Lowell, majoring in environmental science with a minor in sustainability and climate change. While she was in college, she was the captain of the cheerleading team and a member of the student government association as a representative for the Kennedy College of Science. Be sure to say hello!



Congrats Kathleen Bond!

We are thrilled to announce that Kathleen Bond is our newest Social Services Manager for the Council on Aging and Human Services! Since stepping into the interim position, Kathleen has seamlessly taken on the responsibilities with enthusiasm and dedication while still maintaining her responsibilities in her current role, and we are confident that she will continue to excel.

Welcome Sandra Fauvel!

Welcome Sandra Fauvel, our newest dispatcher! Sandy owns multiple businesses, including Jazzercise of Nashua, Endorphin Factory Fitness Studio, and Pink Door Painting. She is current finishing up her training and we look forward to having her join public safety!



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carlislema.gov

Congratulations Officer Corwin!



Congratulations to Officer Andrew Corwin who recently graduated from the National Child Passenger Safety Certification Program. This program certifies Officer Corwin as a trained technician in the installation of child safety seats within vehicles.

Two Rod Road repair project completed

Alan Ankers, secretary, Carlisle Trails Committee

With help from many volunteers, the Trails Committee completed a 60-foot long stretch of rebuilt trail using turnpike techniques. We even had extra time on Monday to do some more drainage work further down Two Rod Road. 36 people worked on the project (10 from Trails, 3 from AMC, 23 general public, most of whom had never worked on a Trails Committee project before), for a total of 258 person-hours worked in the three days. Many thanks to all who helped! The project was a whole lot easier thanks to the DPW picking up and delivering crushed stone, Bob Goldsmith's power wagon, Jason Suderman operating John Merz's Kubota loader, and Bryan Sorrows with his backhoe.



Alternative Rodent Prevention

Environmental Sustainability Committee

By now, you have probably heard of the negative impacts of rodenticides on wildlife. Let's talk about the alternatives to it that exist. The options to rat poison, called Integrated Pest Management (IPM), include tactics for prevention and exclusion.



Prevention - Ways to avoid attracting rodents to your property.

- Remove access to food sources by doing the following:
- Use rat resistant trash receptacles with tight fitting lids.
- If you use curbside pickup, bring containers outside the morning of pickup.
- If you compost, use rat resistant metal compost bins.
- Never leave pet food or water outdoors.
- Thoroughly rinse food debris from recyclables.
- Remove spilled seed from below bird feeders frequently.
- Consider using bird feeders only in the coldest months, such as December through April, when there are few natural sources of food for birds.
- Pick up dropped fruits or berries from the ground beneath fruit bearing shrubs.

Exclusion – Rodents fit through holes as small as a quarter.

- Find points of entry and block them off.
- Seal any holes in roofs, basements, crawlspaces, and walls. You can Do- It- Yourself using Slick Barrier and Steel Wool or hire a professional. (Remember- No chemicals!)
- Use wire mesh extending partially into the ground to block off spaces under porches
- Seal opening around cables, pipes, and wires where they enter your space .
- Seal gaps in sheds, garages, or other outbuildings with copper or galvanized mesh.
- Aluminum foil. Line cellars, basement corners, cabinets, any known or likely entry points. Rats cannot chew through metal and generally avoid aluminum foil.
- Sprinkle cayenne pepper around the foundation of your home.
- Outside only, professionals can use a targeted "dry ice" application in confirmed outdoor rat burrows. The carbon dioxide kills the rodents within minutes. Far more humane than rodenticide or traps.
- Try Fresh Cab Rodent Repellent but be sure to follow use and disposal instructions. Keep in mind that this uses essential oils that should be used with caution around pets. If in close proximity, the odor alone can result in problems for pets.

Please mark the evening of November 13th on your calendars for a very informative presentation on rodenticide, its impact on wildlife and pets, its status in the legal system and more on its alternatives. Additional information will be available soon!

Carlisle Is on its Way to Becoming a Massachusetts Climate Leader Community



Did you know Carlisle has frequently been on the forefront of environmental sustainability? As far back as 1980, Carlisle was home to one of the first locations in the nation to connect a residential solar installation to the electric grid! Continuing in that tradition, the Town of Carlisle has recently submitted its application to be a 'Climate Leader' under the Massachusetts Green Communities Program. The Climate Leader designation makes Carlisle eligible for a major tranche of new funding in support of our state's recently updated climate and energy goals in support of a 2021 climate policy act signed into law by Governor Baker.

Carlisle has already benefited significantly from past Green Communities funding – roughly \$750,000 for energy savings measures yielding over \$1,000,000 in operating cost savings. The Climate Leader program total funding is likely to be even greater than Green Communities as the state helps municipalities achieve, over a 25-year period, the greenhouse gas emission limits set by the Office of Energy and Environmental Affairs. Furthermore, Carlisle's potential share of that funding pool in the early years is large because of the small number of communities likely to achieve Climate Leader status due to its stringent requirements. For example, Carlisle is one of only 46 communities that have adopted the specialized energy code (out of a total of 351 Massachusetts municipalities).

Examples of funding opportunities to decarbonize municipal operations include technical assessments/guidance for upcoming heating-ventilation-air-conditioning projects (new or end of life replacement), support to transition the vehicle fleet, as well as support for on-site solar photovoltaic and storage, geothermal, and other innovative energy projects.

Carlisle's Climate Leader application was led by Sarah Wasserman, our Land Use and Sustainability Coordinator, and the Environmental Sustainability Committee. Numerous additional entities provided guidance, support, and approvals along the way – notably our Select Board, Town Administrator, School Committee and CPS staff, Finance Committee, Municipal Facilities Committee, as well as key members of Carlisle's Police, Fire, and Public Works Departments. The application was submitted in the very first of upcoming semi-annual application windows. And at last report, Carlisle was one of only four communities in the first cohort – well done Carlisle!

*Eric Balles, ESC co-chair
Submitted 4 Oct 2024*

From the Carlisle Affordable Housing Trust

The AHT is pleased to welcome Sofya Norris as a new trust member. Sofya comes from Kazakhstan through California and New York and brings a strong passion for affordable housing to the table. Welcome Sofya!

The AHT is excited for the MBTA Communities Open House on October 16th from 4-7pm at the Carlisle School. We encourage all to attend and learn about potential (all new zoning bylaws must pass at Town Meeting) zoning to create new housing opportunities for the town as requires by the State Law. This is a great chance to ask questions, vet concerns and ideas, and impact your town!

From the Council on Aging and Human Services

Upcoming events:

- Health and Wellness Fair on November 2 (see page 18 for more information)
- Understanding Vascular Disease event on November 6 (see page 19 for more information)
- The Carlisle Social Hour at Benfield is held monthly at Benfield apartments, 575 South Street. Refreshments are served and the town nurse is on site to take blood pressure and answer any questions. The next meeting is October 23 at 10:00.
- Our Medicare Open Enrollment Talks is Thursday, October 24 at 1:00 in the Hollis Room at Gleason Library. Clyde Kessel, COAHS SHINE Counselor, will guide you in evaluating your health plan and answer questions for beneficiaries, families, and caregivers. Minuteman Senior Services also offers a range of services to help seniors and people with disabilities live independently. Please register at coahs.carlislema.org or 978-371-2895.
- Members of the Middlesex Sheriff's Office will be on hand in the Clark Room at Town Hall on November 18, 2024 at 1PM to discuss scam prevention and awareness during the holiday season. The Sheriff's Office will talk about ongoing scams, ways to recognize them and how you can help family, friends and neighbors protect themselves.



Chief Amendola joins the Jimmy Fund Walk

Earlier in October, Police Chief Andrew Amendola joined the Jimmy Fund walk with other local Police Chiefs and completed the 10K portion!

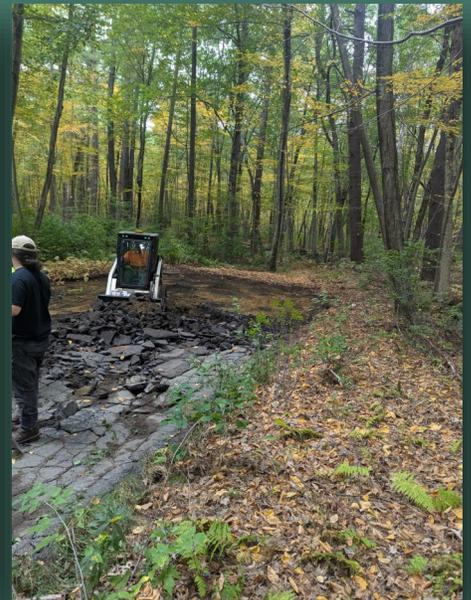
From the Department of Public Works

Howdy Folks!

Happy fall everyone! We here at the D.P.W. have been busy working on some small paving projects around town to get the roads ready for the upcoming winter season. We are also busy with fall clean ups on all town property. Lastly, if you have any room on your property to store your leaves, and turn them occasionally, they turn into excellent compost for all your gardening needs in the future. As always, we thank you for your patience and support.

Happy Halloween to all. 🎃 🧛

Jim Hall, DPW Director



Back by popular demand!

The Gleason Public Library Endowment, Books and Brews

SATURDAY, NOVEMBER 16, 6:30 to 9:30 PM

Join the Gleason Endowment for a fun fundraiser! Your \$80 donation includes beer, wine, a jazz combo and, because knowing things is fun, the evening features a professionally hosted trivia event with Geeks Who Drink. The Gleason is more than a place to take your child for story time or a study hall for middle schoolers—it's also a place to kick back with other adults. So let's put the "fun" back in "fundraiser," while also raising money for a much-needed library renovation! Come join us!

\$80 per person; pay by cash or check (made out to "GPL Endowment"). *For ages 21+*

Visit the website to reserve your tickets, <https://gleasonlibrary.assabetinteractive.com/calendar/books-and-brews>

Books & Brews
FUNDRAISER & TRIVIA NIGHT
TO SUPPORT THE
GLEASON PUBLIC LIBRARY
CAPITAL CAMPAIGN

21+. BEER, WINE,
& OPTIONAL TRIVIA
PARTICIPATION
INCLUDED
IN TICKET PRICE.

PROFESSIONAL TRIVIA
HOSTED BY GEEKS WHO DRINK.

NOVEMBER 16, 2024 • 6:30-9:30PM

From the Gleason Public Library

Martha Feeney-Patten, Library Director

Library Strategic Plan

This month we're proud to share the [Gleason's new strategic plan](#), which is the result of the Library's first full planning process since before the pandemic. Many thanks to our Planning Advisory Group, library staff, Trustees, Friends, and everyone who attended focus groups, responded to our survey boards, or submitted input - I appreciate your fresh perspectives and thoughtful contributions! This plan will guide us in serving the Carlisle community's needs and aspirations over the coming years.

Library Story Times

Fall story times have started at the Gleason Public Library. Registration is required for each week separately at gleasonlibrary.org/events

- Baby Lapsit: Tuesdays at 10:30 a.m. in the Children's Room
- Toddler Story Time: Tuesdays at 11 a.m. in the Hollis Room
- Preschool Story Time: Fridays at 10:30 a.m. in the Children's Room

Thank you to the Friends of the Gleason Public Library for their support of library story times.

Stargazing Party at Banta-Davis Field

Tuesday, October 15 | 6:30-9:30 p.m.

Join us for an evening of stargazing at Banta-Davis Field! We'll go stargazing with Kelly Beatty, Senior Editor at Sky & Telescope, and members of the Amateur Telescope Makers of Boston. They will bring along their telescopes to get a great look at the night sky. This program is for all ages (recommended for ages 5+).

Local Poet Talk: Eve Linn

Thursday, October 17 | 7 p.m.

Join Carlisle poet Eve Linn for a reading from her new collection, Album of Not.

Virtual Program: All About Bats with MassWildlife

Thursday, October 17 | 7 p.m.

Discover the critical role bats play in maintaining a healthy ecosystem and learn about the pressing threats they face in this virtual program.

Middle School Make and Take: Painted Pumpkins!

Friday, October 18 | 3 p.m.

Paint a mini pumpkin! Use your creativity to think up your own design, or look at pictures of others' creations to inspire you. For grades 5-8. No registration required; materials are limited and will be given on a first-come, first-serve basis.

Art at the Gleason Reception

The latest Art at the Gleason exhibit features "Carlisle Biodiversity as seen through the lens", hosted by Judy Asarkof, Kay Hurley, and Joeth Barlas, and sponsored by the Environmental Sustainability Committee, Carlisle Conservation Foundation, Carlisle Conservation Commission, and Land Stewardship Committee, and "Texture, Color, Fire": work by Ceramic Artist and Concord-Carlisle Graduate Tucker Nuzum-Clark, on display through January 4th, 2025. *(Continued)*



TUESDAYS 10:30AM CHILDREN'S ROOM	BABY LAPSIT BIRTH TO PREWALKING
TUESDAYS 11:00AM HOLLIS ROOM	TODDLER STORY TIME AGES 2 - 3
FRIDAYS 10:30AM CHILDREN'S ROOM	PRESCHOOL STORY TIME AGES 3 - 6

Register for each individual session at gleasonlibrary.org or have any questions about the story times, please email Jenn at childrens@gleasonlibrary.org

We also have a great monthly **Nature Connection Story Time**. Please check our calendar to register for their next session.

**THESE FUN PROGRAMS ARE SUPPORTED BY OUR
WONDERFUL FRIENDS OF THE GLEASON PUBLIC LIBRARY**



From the Gleason Public Library, Continued from Page 7

An artist reception will be held on Saturday, October 19th, from 2 to 4 p.m., including light refreshments and viewing of exhibit throughout the Library.

The Great Pumpkin Spectacle

Wednesday, October 30

The Gleason Library's 41st Annual Great Pumpkin Spectacle is coming! The event includes a pumpkin decorating contest for grades K through 4, plus a storytelling performance open to all, whether or not you participate in the pumpkin contest. Drop off your carved and/or decorated pumpkins between 4:30 and 6 p.m. at the Library, then join us for spooky stories with Tony Toledo at Union Hall at 6:30 p.m. Following the storytelling performance, we will return to the Gleason for the awards announcement at 7:30 p.m. There will be three winners for each grade; there is also a display-only table for anyone who wants to share a pumpkin but not participate in the competition.



The Life and Music of Aaron Copland with Richard Travers

Wednesday, October 30 | 1:30 p.m.

Aaron Copland was an American composer, composition teacher, writer, and later in his career a conductor of his own and other American music. The open, slowly changing harmonies of many of his works are archetypal of what many people consider to be the sound of American music, evoking the vast American landscape and pioneer spirit. Instrumental in forging a distinctly American style of composition, in his later years Copland was often referred to as "the Dean of American Composers."

MUSIC OF AARON COPLAND

WITH LOCAL FAVORITE RICHARD TRAVERS

THE LIFE AND

WEDNESDAY,
OCTOBER 30
1:30 PM - 2:30 PM
HOLLIS ROOM

PLEASE REGISTER ONLINE.






The Hero Act

Karen Tyler, Veteran Services Director

The Hero Act (Honoring, Empowering, and Recognizing Our Servicemembers and Veterans) was signed on August 8th by Governor Healey. I attended the signing as representative of the Town of Carlisle, along with other Veteran Service Officers, Veteran Organizations, State Legislators, and local Veterans. The HERO Act is the biggest piece of Veteran legislation in many years. As a result of this Act, there are Carlisle Veterans who will see an increase in their monetary benefit immediately.

It is organized into 3 categories: Benefit Expansion, Commitment to Inclusivity and Greater Representation, and Modernization of Veteran Services.

Benefit Expansion: Increased Annuity for 100% Service-Connected Veterans and Gold Star Spouses from \$2,000 to \$2,500. Exemption of Excise Tax for 100% Service-Connected Disabled Veterans. Expanded the Property tax exemption for disabled Veterans, Town of Carlisle has already adopted the increase and has been giving more than the state requirement for years. The state has also considered a way that would look at tying increase in property tax to inflation. The state has also increased the tax credit for businesses that hire chronically unemployed or low-income Veterans. This Act also eliminated the fees to get Veteran license plates and increased the ability for Veterans to buyback Active-Duty time from 180 days to 10 years.

Commitment to Inclusivity: Aligns the state's definition of a Veteran to the federal definition for State benefits. Expands the scope of the Veterans Equality Review Board to cover additional protective classes; for example, it will protect service members who were discharged under "Don't Ask Don't Tell." It will update the definition of a dependent to the definition used by Probate and Family Court. The Act will support same-set couples who have been denied IVF reimbursements by the VA.

Modernization of Veteran Services: Update the language for inclusivity and standardization to gender neutral. Much of the previous material made references to the service-member as male and the dependent as female. There is a high rate of female service-members and that number is growing substantially. IF will also create a working group to study the health benefits of psychedelics as course of treatment for Veterans suffering from physical and mental health issues related to their time in service.



From the Youth Commission

The 40th Anniversary of Friday Night Live was a huge success with 175 students registered to celebrate with a “back to the 80s” theme. The Carlisle Youth Commission along with a dozen parent chaperones worked tirelessly to ensure that all students had a fun and safe evening, but the superstar adults of the evening were no doubt DJ Josh and Carlisle Police Officer Drew Corwin who held his own for hours playing basketball with the students.

The Carlisle Youth Commission would like to thank all the members of town who have come together to bring back FNL. We would also like to thank the Carlisle middle school students for their positive attitudes and respectful manners throughout the night. We look forward to continuing this monthly event and building community through play!



8th Grade students (left to right, top to bottom) Camille Stevens, Addie Scott, Lauren Wright, Brooke Bullock, Nina Murphy, Annabelle Hyun, and Emily Sigona all looking picture perfect in the photo booth!

PROPERTY TAXES DUE NOVEMBER 1



The Treasurer/Collector’s Office wants to remind residents that Real Estate and Personal Property tax bills for the second quarter of Fiscal Year 2025 will be due on Friday, November 1, 2024. Taxes can be paid online through the Town of Carlisle’s website, mailed to the PO Box in Boston listed on your bill or to 66 Westford St., Carlisle, MA 01741, or paid in person Monday – Friday 9 a.m.-3 p.m. **Please note that the Post Office box in Reading and Post Office Box 614 in Carlisle were closed some time ago; payments sent to these boxes could result in your payment arriving past the due date.**

Facilities Update

Stephen Connearney, Facilities Director

- The Wilkins HVAC project is underway and 80% complete. Currently, refrigeration lines are being installed from the outdoor units through the boiler room and will continue through the classrooms in the upcoming few weeks.
- The Corey Auditorium lighting project is in full force and will continue through October. I would like to thank Jeremy Behrle (a Carlisle resident) for leading this project. Without him, the project would not be making the headway it is.



MBTA COMMUNITIES HOUSING



The Planning Board and MBTA Communities Subcommittee are excited to chat with all residents about a creative strategy for Carlisle to comply with the MBTA Communities housing mandate.



WHEN?

WEDNESDAY, OCTOBER 16TH
4-7PM

SATURDAY, NOVEMBER 16TH
9AM-12PM

OPEN HOUSE



WHERE?

83 SCHOOL ST
SCHOOL CAFETERIA

REFRESHMENTS PROVIDED
DROP IN AND CHAT WITH US!

For more information scan here
<https://www.carlislema.gov/1195/MBTA-Communities>

From the Town Administrator

Ryan McLane, Town Administrator

Connecting with the community continues to be a key focus this year highlighted by our recent Town Hall in the Park and our upcoming Select Board Office Hours. These events mirror recent efforts like Town Administrator Coffee Hours and Coffee with a Cop, all designed to give residents a chance to speak with Town Officials wherever they feel comfortable. Conversations at these events have been wide ranging. From tax concerns to social issues, and suggestions for Town Hall to comments about building projects, every detail shared helps us better understand the community and the issues that matter to Carlisle residents. We hope to have more of these conversations so please invite us to your events or suggest other ways we can connect.

We want to make sure residents have access to information about important Town decisions. We know large and complicated decisions like the FY26 budget, proposed building renovations, and potential zoning changes require a significant investment of time to fully understand. Our hope is that residents will reach out, online or in person, to make sure their questions are answered, and their concerns are heard.

Upcoming outreach events include continued coffee and office hours, open houses, and informal information sessions at public meetings. We are also considering adding a local podcast with short updates so residents can be informed while the exercise or commute. These efforts will be advertised in the Mosquito, on our website, and through our various social media platforms.

We hope you have enjoyed our outreach efforts this year and we plan to do many more in the months to come.

We would like you to join us for our

OFFICE HOURS WITH THE SELECT BOARD

Wednesday Oct 16 11a-1p - Barney Arnold
Thursday Oct 17 1p-3p - David Model
Wednesday Oct 23 10a-11:30a - Scott Triola
Heald Room, Town Hall

SNACKS PROVIDED!



From Carlisle Public Schools

Dear Carlisle Community,

Winter is coming, but it's not here yet.

Autumn, however, seems to be here in all of its glory, with apples, pumpkins, turning leaves, cross country, field hockey, and many other school activities scheduled over the next few weeks. Check out the district calendar on our [website](#) for the dates of upcoming field hockey games and cross country meets so you can support our student athletes, and you can also see the variety of clubs which are now underway, as well as the dates and times of their meetings.



It wouldn't be October in Carlisle without the annual Spaghetti Supper, which is hosted this year by the Class of 2027 (6th grade). This event, taking place on Thursday, October 24th in the Corey Dining Room, brings the entire community together. The Class of 2027 presents *A Night in Venice!* Be sure to [purchase your tickets online](#) for this well-attended event. At the end of the month, we also look forward to another Carlisle tradition which is the Halloween parade scheduled for Thursday, October 31st at 10:00 AM on the plaza.

There are also a couple of dates you may want to be sure are in your calendar for the upcoming month. There will be no school on Monday, October 14th in observance of Indigenous People's Day. There will be an early release day on Thursday, October 24th and no school on Friday, October 25th, for parent conferences for our elementary school teachers and professional development for our middle school teachers.

Additionally, there are significant religious and cultural holidays and observations that take place during October and at the beginning of November this year. We know it can always be challenging to have a child miss school for a religious holiday or cultural observation, but we want to assure you, we will do everything possible to decrease any such challenges as much as possible. We are sharing this link to our District policy on [Accommodations for Religious and Cultural Observances](#) to assist, but please do not hesitate to reach out with any questions, thoughts or concerns you may have, as we want to ensure that school does not become an issue when families are contemplating their holiday and cultural observations.

Wishing you all a wonderful month.

Warm regards,

Sharon Whitt
Carlisle School Committee Chair

Jim O'Shea
Superintendent of Schools

Removing Invasive Plants from Town Conservation Lands

Land Stewardship Committee (LSC)

For several years, the Town has realized that there was a growing problem with non-native, invasive plants on Town conservation lands, particularly in non-agricultural fields and in most field edges. Past efforts at control included herbicide treatments, mowing, and field-edge brush cutting. The LSC, which now directs much of the invasives control activities, has initiated a new protocol which only uses hand tools, and hand removal, that includes removal of root material to the extent possible. With this approach, only targeted invasives are removed; native plants are left in place. Some of the most targeted invasives include glossy buckthorn, bittersweet, multiflora rose, and autumn olive. The conservation lands currently on LSC's list for such treatment include the non-agricultural fields, and/or field edges, at Foss Farm, Towle Land, Fox Hill, and Benfield. The work is being done by a local contractor, Maddie Kiszewski, who has significant expertise in this area.

Key benefits of this targeted removal of invasive species include: (a) a longer-lasting treatment (due to root removal); (b) the preservation of, and more room for, native plants; (c) a significant improvement in the habitat value of the areas treated; and (d) a reduction of migration (e.g., by seed dispersal) of invasives to abutting properties. For treated field edges along public roads, or other open spaces, the removal of a heavy infestation of invasives will often lead to a significant improvement in vistas. An example of this is shown in the photo below.



View of Fox Hill conservation land (East field) from Bedford Rd. Recently, invasive plants were removed from both sides of the stone wall yielding a much better view of the field and stone wall by passersby.



Town of Carlisle
Office of
BOARD OF HEALTH
66 Westford Street
Carlisle, MA 01741

Tel.: (978) 369-0283
Fax: (978) 369-4521
boardofhealth@carlislema.gov

PUBLIC HEALTH ADVISORY
CARLISLE BOARD OF HEALTH
UPDATE October 8, 2024

EEE (Eastern Equine Encephalitis) Risk: Moderate

The Massachusetts Department of Health has downgraded the EEE risk to Moderate for Carlisle and all communities previously at Critical or High Risk, including Acton and Concord. The reduction of risk is due to lower temperatures and the absence of suitable vectors.

WNV (West Nile Virus) Risk: Low

The risk of WNV is low in Carlisle. The risk of WNV will continue for several more weeks. Precipitation and average daytime temperatures support the population of WNV vectors.

Continued Protection Recommended

- **Be Aware of Peak Mosquito Hours** – The hours from dusk to dawn are peak biting times for many mosquitoes. When risk is increased, consider rescheduling outdoor activities that occur during evening or early morning. If you are outdoors at any time and notice mosquitoes around you, take steps to avoid being bitten by moving indoors, covering up and/or wearing repellent.
- **Apply Insect Repellent** when you go outdoors. Use a repellent with **DEET** (N, N-diethyl-m-toluamide), **permethrin**, **picaridin** (KBR 3023), **IR3535** or **oil of lemon eucalyptus** [p-methane 3, 8-diol (PMD)] according to the instructions on the product label. DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age. Permethrin products are intended for use on items such as clothing, shoes, bed nets and camping gear and should not be applied to skin.
- **Clothing Can Help** reduce mosquito bites. Although it may be difficult to do when it's hot, wearing long-sleeves, long pants and socks when outdoors will help keep mosquitoes away from your skin.

Mosquito-Proof Your Home

- **Drain Standing Water** – Many mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by either draining or getting rid of items that hold water. Check rain gutters and drains. Empty any unused flowerpots and wading pools and change water in birdbaths frequently.
- **Install or Repair Screens** - Some mosquitoes like to come indoors. Keep them outside by having tightly-fitting screens on all your windows and doors.

More information can be found at www.mass.gov/mosquito-borne-disease.com



Art at the Gleason Presents

Carlisle Biodiversity

as seen through the lens



Hosted by Judy Asarkof, Kay Hurley and Joeth Barlas
and sponsored by the Environmental Sustainability Committee, Carlisle Conservation Foundation, Carlisle Conservation Commission
and the Land Stewardship Committee.



Texture, Color, Fire
work by Ceramic Artist and Concord-Carlisle Graduate

Tucker Nuzum-Clark



October 5th - January 4th
Reception - October 19th, 2-4 pm

Art at the Gleason is sponsored by the Gleason Public Library Endowment
Gleason Public Library: 22 Bedford Road, Carlisle, MA, 01741, 978-369-4898

Help Carlisle decide how to Spend its Community Preservation Funds!



**Tuesday, October 29, from 6:30-8:00 pm
Clark Room at Town Hall**

The Carlisle Community Preservation Committee invites you to attend a Community Meeting to learn more about Carlisle's history with the Community Preservation Act.

Your tax dollars fund the CPA program! Please share your ideas for future CPA projects related to Open Space, Active Recreation, Community Housing, Historic Preservation, and what our community needs the most.

Learn about the CPA grant process and how to apply.

Light refreshments will be served.

For more information, please contact: Barbara (Barney) Arnold, CPC Chair at barney4carlisle@gmail.com. The zoom link will be on the Carlisle website on the day of the meeting: <https://www.carlislema.gov/>

Living Well

60 & Beyond

A Health and Wellness Fair for Older Adults

Saturday, November 2, 2024

11:00am - 1:30pm

Location: Carlisle Public Schools, Gymnasium

Address: 83 School Street, Carlisle MA 01741

- ◆ Information about local resources
- ◆ Covid & Flu Vaccine Clinic (registration required)
- ◆ Blood Pressure Clinic
- ◆ Raffles and more!



Health
&
Wellness

**Covid and Flu Vaccine Registration
only available for individuals 60+**

www.carlislecoahs.com or

978-371-2895



COMMUNITY EDUCATION PROGRAM

UNDERSTANDING VASCULAR DISEASE

Brad Oriel, MD

Learning Benefit :

- Understand your risk factors.
- Learn about the symptoms.
- Gain valuable information regarding the many treatment options available.

Where:

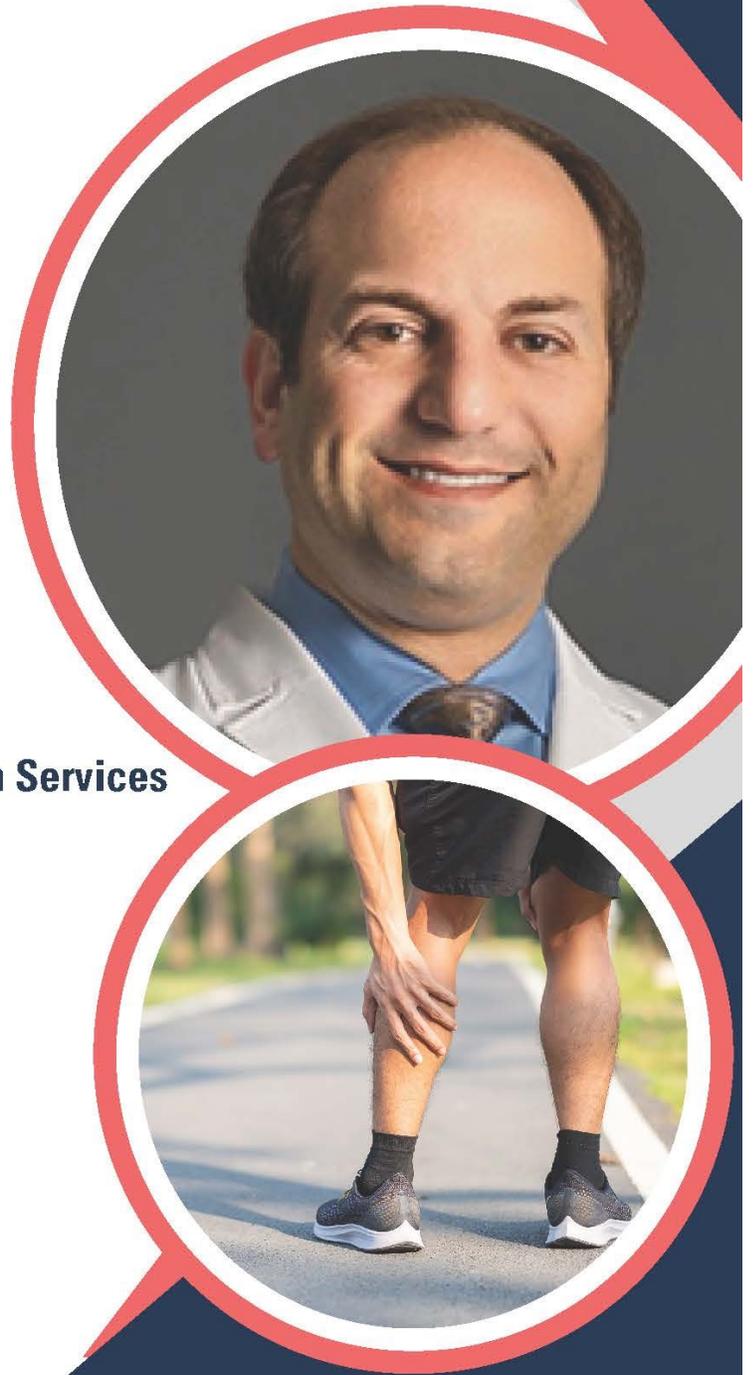
Carlisle Council on Aging and Human Services
66 Westford Street, Carlisle, MA

When:

Wednesday, November 6, 2024
11:00 AM



TheVascularCareGroup.com



THE 6TH GRADE PRESENTS

A Night in Venice

THURSDAY, OCTOBER 24TH

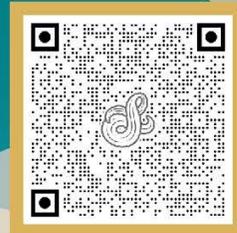
DINNER • RAFFLE & GOLDEN RAFFLE

Dinner Tickets on Sale!

WWW.SPAGHETTISUPPER.ORG



Raffle
PRIZES



Golden Raffle
PRIZES





Swans at Greenough Pond. Photo courtesy of Conservation and Land Use Assistant Bethany Barstow



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[@townofcarlislema](https://www.instagram.com/townofcarlislema)

