

BOARD OF HEALTH
Minutes for Wednesday, May 3, 2023, 7:00 PM
Hybrid Participation

- 7:00 Community Input
- 7:05 Minutes of 3/22/23 and 4/19/23
- Administrative Reports
- 7:15 Public Health Nurse - Report (Tricia McGean)
- 7:30 509 South Street – Request Deed Restriction for an Addition

DISCUSSION ITEMS

- Voluntary Well Testing - Update
- Route To Sustainability Day – Report (Mariano)
- Accessory Apartment – continued discussion
- Benfield Farms FAST System – Update
- Hauler Regulations - Draft #2
- Inspection Schedule and Fees - Discussion

NEW BUSINESS

The meeting agenda lists all topics reasonably anticipated by the Board of Health at the time of posting. Additional topics not anticipated may be discussed at the meeting under the agenda item New Business.

Meeting Dates - 5/24/23 – in person

Upcoming Dates –

Attendance members: Tony Mariano Chairperson, Jean Barry (remote), Patrick Collins, David Erickson, Cathy Galligan

Attendance nonmembers: Linda Fantasia Health Agent, Kris Gines Assistant Agent, Tricia McGean PHN, Natalie McCarthy (Carlisle Mosquito), Dana Booth. Jessie Pescatore (509 South St), Jennifer Wall (remote) David Model (remote)

1. Community Input

Tony Mariano called the meeting to order at 7:05PM and asked for community input, of which there was none.

2. Minutes of 3/22/23 and 4/19/23

Cathy Galligan moved to approve the amended minutes of March 22, 2023, the motion was seconded and passed unanimously.

Cathy Galligan moved to approve the amended minutes of April 19, 2023; the motion was seconded and passed unanimously.

3. Administrative Report

See below.

4. PHN report

See below.

5. 509 South Street - Request Deed Restriction for an Addition

The owners of 509 South Street would like to finish a couple of rooms in their basement and they need a deed restriction saying that they will never have more than 3 bedrooms in use at one time. Dave Erickson moved to issue a deed restriction to limit the owners to the use of 3 bedrooms at one time. Galligan seconded the motion which was approved unanimously.

6. Voluntary Well testing

Mariano said that several people expressed interest at Sustainability Day. Fantasia contacted 4 laboratories and got quotes from 3. Unfortunately, the labs cost out the testing differently making it difficult to compare the quotes. Only Northeast offered sampling and after a discussion of the difficulties of residents collecting and the BOH handling samples it was decided that it would be best to go with Northeast, even though their prices were somewhat higher than the other 2 labs.

7. Route To Sustainability Day - Report (Mariano)

Mariano put together a presentation on droughts in Carlisle to give people an understanding of the frequency of droughts. He also provided some information on Carlisle aquifers and how individual wells relate to other wells and subsurface aquifers. He also provided documentation on preserving water. The day of the event was cold and windy, as well as being the end of school vacation so it could have been better attended but people did come by so it met with some success. Mariano said 8-10 people signed up for information about well testing and probably 15 people stopped by the table.

8. Accessory Apartment Guidelines

Mariano moved to approve the draft letter to the Planning Board on accessory apartments, Barry seconded the motion which was passed 4-0 with Erickson abstaining. The BOH will be working with the Planning Board to evaluate the current AA regulations. Mariano offered to represent the BOH in the initial Work Group.

9. Benfield Farms FAST System – Update

Fantasia has not heard from Mal Nelson, he is away until May 11 but she believes they were going to engage Kent Oldfield, but that has not been confirmed. Fantasia also copied Phil Giffie but she has not heard from him either. Fantasia offered to call Kent Oldfield and Mariano thought that she should. Several members said that they would like to have them present at our next meeting on May 24.

10. Draft Hauler Regulations

The regulations have been submitted to town council for review.

11. Inspection Schedule and Fees - Discussion

An engineer and an installer expressed concerns about the scheduling of septic inspections and fees. After explaining the BOH scheduling and fee structure they seemed satisfied. Galligan pointed out the timeline is on the back of the agreement that the installer signs. First inspection is the bottom of the bed and samples of the fill, then after laying the components the engineer does an as built with Frado inspecting it the following Wednesday. After Frado's inspection, they can back fill the system. In this particular case, the installer was working on 3 different sites and their equipment was frequently at the wrong site. The BOH has not had other complaints but nevertheless wishes to be sensitive to problems that installers might encounter. The BOH may consider inviting licensed installers to a BOH meeting as an opportunity for both groups to discuss improvements. Various options were discussed.

12. New Business

Collins went to Woodward Village and saw the startup of the FAST system. He walked the perc-rite fields and looked at grading and went into the pump house where the well water comes in. There was an initial Operations and Maintenance Manual available which will be added to as equipment comes online. Collins thought it was very positive.

Mariano announced that unfortunately Kris Gines has given her 2-week ' notice. Mariano will contact Ryan McLane about finding someone to fill her position. Fantasia would like to get a temporary person while we are looking for a permanent replacement. Mariano will work with Fantasia on the next steps. Galligan said that we have a job description and the BOH is required to advertise (the BOH may not need to advertise for a temporary replacement). The BOH could possibly get a college student to do the counter work.

This is also Barry's last meeting.

13. Adjourn

Barry moved to adjourn, it was seconded and approved unanimously. We adjourned at 20:59, next meeting 5/24/23 at the town hall.

Respectfully submitted,
David Erickson,
Recorder

ADMINISTRATIVE REPORTS
May 3, 2023

Route To Sustainability –Food Vendors suggested credit card payments; Library did not make a good setting for the food demo. Ferns would prefer people to come to the store because of personal requests.

Housing Code – Bureau of Environmental Health (BEH) advised that the new Housing Code promulgation has been delayed until the end of May. No reason given.

Ferns Country Store –

- DEP approved treatment system.
- New Well Operator
- 3 Monitoring Wells to be sampled by Cushing Jammallo & Wheeler as part of the 5-year assessment; reports

Great Meadows Public Health

- Capacity Assessment Results Tool Kit – survey and recommendations for Office of Local and Regional Public Health (OLRPH) – see workplan recommendations pg. 19

Old Home Day – request for a table approved; event is 6/24/23 10-2

PFAS – press release with edited video link in Mosquito this week. Thank you to Eric Worrall

Administrative Reports with BOH Comments (5/24/23)

Route To Sustainability –Food Vendors suggested credit card payments for permits; Library did not make a good setting for the food demo. Ferns sold pre-made sandwiches but would prefer people to come to the store because of personal requests.

Housing Code – Bureau of Environmental Health (BEH) advised that the new Housing Code promulgation has been delayed until the end of May. No reason given.

Ferns Country Store –

- SWSS terminated their contract with Fern’s for well operator services. Matt is hiring a new well operator.
- Matt is transferring the deli to Artur of Art Specialties on 5/15/23. The new owner is expected to come to the health department in the next day with an application for the food service permit. (This includes retail and food preparation, but not the wine and beer.)
- Linda has asked Matt for clarification on who owns or has responsibility for the site’s various elements (deli, water & treatment, etc.)
- DEP approved the water treatment system.

- Cushing Jammallo & Wheeler will sample the 3 Center Park Monitoring Wells as part of the 5-year assessment and will do Fern's at the same time. Testing of monitoring wells is a follow up to Daisy's pollution.

Great Meadows Public Health Collaborative

- Capacity Assessment Results Tool Kit – survey and recommendations for Office of Local and Regional Public Health (OLRPH) – see workplan recommendations pg. 19.
- Overall, the towns in the Collaborative scored 82% for meeting standards across seven core categories. GMPHC will work with towns on deficiencies.

Old Home Day – request for a table approved; event is 6/24/23 10-2

PFAS – The Health Department has been receiving many calls about PFAS. There is a press release within Mosquito this week with a link to the earlier DEP presentation on PFAS. Thank you to Eric Worrall of the DEP for this presentation.

Ongoing Projects

- PFAS Resources
- Bi-annual well testing

Carlisle Public Health Nurse BOH notes May 3, 2023

Mental Health

May is Mental Health Awareness month.

Great Meadows PH staff and McGean will be running MHFA on May 31st here at Town Hall.

7 people signed up so far.

BOH Healthy Carlisle article will have a mental health focus.

The Great Meadows Nurses are focusing on the onboarding of camps and planning for fall vaccine clinics. Most are using their own privately ordered vaccine like we will be doing.

McGean has preordered high dose vaccine for the homebound residents that she has serviced in past years.

The BOH needs to purchase a small vaccine fridge, needle disposal box, and gloves with their ARPA funds.

- Unexpired Needles offered to Carlisle by the Weston/Wayland PHN as she has a surplus supply. McGean will pick up EpiPens next week from the State.
- The BOH has plenty of alcohol, and band aids.

MAVEN: Last month

5 COVID cases

1 Lyme Case

Upcoming DPH educational tick online seminar including information on Powassan for all LBOHs on May 9th. Link sent out by Fantasia.

Stop the Bleed

Carlisle Board of Health Minutes

Meeting Date: March 8, 2023

Approved Date: May 24, 2023

Martha--Library staff on May 16th

Aubrey asked to wait until after Carlisle TM to schedule one at Town Hall

Residents at risk

2 home visits to Benfield residents. Another to be scheduled shortly.

Continue with bimonthly blood pressure clinics at senior lunches.

FDA Authorizes first RSV vaccine for 60+

On Wednesday, the [US Food and Drug Administration](#) approved Arexvy, made by [GSK](#), which is designed to be given as a single shot to adults 60 and older.

It could be available for seniors as soon as this fall, pending a recommendation from CDC in June. Older adults, in particular those with underlying health conditions, such as heart or lung disease or weakened immune systems, are at high risk for severe disease caused by RSV, Although RSV is a disease that is often associated with babies and young children, it can also be dangerous for seniors.

In the US, an estimated 159,000 adults 65+ are hospitalized each year with RSV, and approx. 10,000 to 13,000 die as a result of their infection.

In a [late-stage clinical trial](#), the single-dose shot lowered the risk of symptomatic illness by 83% and of severe illness by 94%.

When researchers looked specifically at how well the vaccine worked in the most vulnerable seniors – those with underlying health conditions like COPD, heart failure or heart disease – they found that it was 94% effective at preventing lower respiratory tract infections.

RSV is an airborne virus that usually causes mild, cold-like symptoms but can be serious for infants and older adults.

RSV cases typically peak between late December and mid-February, but cases last year [started climbing in the summer](#) as people left pandemic precautions behind.

Side effects of vaccine: pain at site and fatigue
provides protection for a year.

There 3 additional vaccines in the final stages of testing:
Pfizer, Moderna, Bararian Nordic