

**Carlisle Council on Aging Board Meeting  
Town Hall – Clark Room  
January 15, 2019 Minutes**

**Board Members Present:** Verna Gilbert, Reuben Klickstein, Jerome Lerman, Ann Quenin, Maxine Crowther, Walter Hickman, Abha Singhal

**Associate Members Present:** Sally Hayen, Ann James, John Ballantine

**COA Staff Present:** David Klein, Angela Smith

**Friends Representative:** Betty Lang

The meeting was called to order at 10:30 a.m. by Chair Abha Singhal.

**Secretary Minutes:** A **motion** was made by Verna Gilbert to accept the December 18 minutes submitted by Verna Gilbert. The motion was seconded and carried by voice vote.

**Social Worker Report:** David discussed Peter Cullinane's report.

**Outreach and Program Manager Report:** A **motion** was made by Verna Gilbert to accept the December 2018 report submitted by Angela Smith. The motion was seconded and carried by voice vote.

- Angela plans to send a letter to the Mosquito suggesting neighbors “adopt a senior” to help them when needed, especially in the winter.

**Financial and Director's Report:** A **motion** was made by Verna Gilbert to accept the January 15, 2019 report submitted by David Klein. The motion was seconded and carried by voice vote.

- Community/Senior Center: The school has nixed using the Spalding Land for a center. RecCom suggested the back of the Banta-Davis Land because it has good road access, but the school technically controls Banta-Davis. With that in mind, Abacus will focus on the Moseley/Goff Land. We discussed getting input from the community for what should be in the center; possibilities include an online survey and a way to get such information from seniors who do not use computers. We should also remember to keep the Master Planning Committee up to date on what we are doing. Linda Fantasia is interested in whether the new center could be used as a shelter in emergency situations. It will cost \$2,300 for Abacus to cost that out (showers, lockers, storage, generator, etc.) Linda will try to get a grant for the \$2,300.
- The Town has not yet signed a contract with Lyft for the new Carlisle Rides initiative, but it is in process. CHNA needs a progress report by January 31 so David is hoping that Lyft comes through by then.
- Vehicles: The MV1 is over 100,000 miles and needs \$3,500 of maintenance done now, even though it will be replaced by a new vehicle later in the year.
- Statistics: David reviewed the top five transportation request types from all towns using My Senior Center data: senior center (31%), medical (29%), shopping/errands (23%), adult day care (5%) and work (2%). This shows the importance of senior centers. Carlisle transportation statistics for July through December 2018: 1,278 rides to 115 different people, including 98 Flow rides to

18 different people, an average of 213 rides per month. Flow added almost 7.7% of extra rides, but an additional 15% of riders thus far in FY19.

- Concord-Carlisle Community Chest grant: This year it is due at the end of January. David queried the board re asking for \$4,500 for a community service nurse. Currently part of the CHNA grant is being used for a public health nurse who is conducting an Ask A Nurse program, two COA blood pressure clinics and visiting seniors who Angela recommended may need additional assessment. The board agreed that was a good idea.

**Friends of the COA:** Betty Lang informed us that this year's fund raising has 45 fewer donors than last year. They will look into whether it might be tax law changes or the fact that they did not send personal letters to previous large donors (in previous years fewer than 10% of these people donated). She also said there is a way for seniors 71+ to use Minimum Required Distribution funds for donations and then the distributions are not counted as income at either the State or Federal level. This is known as a Qualified Charitable Distribution (QCD). Betty is delighted that the COA is working so hard for a senior/community center. The Friends are planning their annual meeting, which will be in May.

**Minuteman Senior Services (MMSS):** There was no report as Donna was not at the meeting.

**Old/New Business:**

- Carol Fiorentino, a new associate board member, resigned due to unexpected family responsibilities.

**Next Meeting:** The next COA Board meeting will be held on Tuesday, February 19, 2019 at 10:30 a.m. in Town Hall. This meeting adjourned at 11:35p.m.

**Documents Provided:**

- ∨ Meeting agenda
- ∨ Board meeting minutes from December 2018 meeting
- ∨ COA Outreach and Program Manager Report for December 2018
- ∨ Social Worker Report for December 2018
- ∨ COA Director's Report and Financial update for January 15, 2019
- ∨ My Senior Center network fun facts

Submitted by Verna Gilbert, Secretary