

**BOARD OF HEALTH**  
**Minutes for Wednesday, January 14, 2026, 7:00 PM**  
**Hybrid Meeting – Heald Room Town Hall and Zoom**

7:00 - 7:05	Community Input
7:05 - 7:15	Public Health Nurse Report Administrator's Report Minutes 11/20/25
7:15 – 7:30	Community Farm School – Jenna Hull
7:30 – 8:00	<ul style="list-style-type: none"> <li>• Request for exemption from Public Water Supply</li> <li>Carlisle Fire Station Renovations</li> </ul>
8:00 – 8:30	<ul style="list-style-type: none"> <li>• Proposed Design Flow Calculations</li> </ul> <b>TOWN OF CARLISLE WATER SUPPLY REGULATIONS</b> <ul style="list-style-type: none"> <li>• Review of Proposed Revisions</li> <li>• Adoption</li> </ul>

**ONGOING BUSINESS**

ADU Site Plan Review Application – BOH comments  
Employee Evaluation Process  
Carlisle School – Well Repair  
FY 27 Budget Planning – Finance Committee Meeting  
FY26 Operating Account – monthly summary

**NEW BUSINESS –****Next Meeting Date** – TBD

*The meeting agenda lists all topics reasonably anticipated by the Board of Health at the time of posting. Additional topics not anticipated may be discussed at the meeting under the agenda item New Business.*

Attendance members: Patrick Collins Chair, David Erickson, Will Proctor, Jennifer Wall

Absent members: Tony Mariano

Attendance nonmembers: Linda Fantasia Health Director, Jennine Blum Health Assistant, Jenna Hull (Community Farm School), Scott Hull, Sasha Miyamoto

Attendance zoom: Laura Duff (PhN), Marjie Findlay, Alan Gilden, Neil Joyc, Bryan Sorrows (Fire Chief), Steven Vacaro, Josué Valdez (Fuss & O'Neill)

**1. Meeting opened**

Collins opened the BOH meeting at 7:03pm, there was no community input.

**2. PHN report**

See below.

**3. Administrative Report**

There are new staffing changes in the Town Administrator's Office. Gretchen Gallimore is now executive assistant. She will be the contact for Department Heads and Board members. Fantasia and Blum will be participating in an all-hazards exercise in Natick tomorrow so the office will be closed.

Chief Andrew Amendola sent out a commendation on the Residents at Risk Group in which Duff represents the BOH.

In the Fern's renovation, the Massachusetts DEP is taking over the permitting of septic and well for the proposed renovation. They had a meeting with the prospective buyer; the BOH will still need to review the Food Establishment plans.

In terms of budget, we are currently on target. Other BOHs are using a minute-taking program, we may look into it, the Town has a license for the program.

**4. Minutes 11/20/25**

Members had not yet received the minutes for 11/20/25.

**5. Ongoing Business**

The Select Board appointed members to the DPW building committee.

The planning board is updating regulations to include ADU, but they are unsure how to include the BOH; Fantasia suggested that they could make it a condition that they have a Letter of Approval and any required Permits from the BOH certifying a water test and specifying any necessary septic updates.

Employee evaluations have been done with everyone receiving satisfactory reviews.

**6. Community Farm School**

Jenna Hull, director of the Community Farm School, requested an exemption from the Public Water Supply regulations for the farm school. They have had such an exemption previously, but they are considering relocating to 201 Bedford Road, the Clark Farm Market. There is no water use as they provide porta potties, portable hand washers, and bottled water. There is no classroom, although shelter (without bathrooms) is provided when needed but most activities, including eating, occur outside

The Department of Early Education licenses them and the Building Inspector and Fire Dept. inspect the operation to ensure their safety.

Will moved to approve the public water exemption for Community Farm School at 201 Bedford Road. The motion was seconded and passed unanimously.

**7. Carlisle Fire Station Renovations**

Josué Valdez (Fuss & O'Neill) is working on the design effort and is leading the septic design. He needs a way to calculate design flows, which is tricky because Title 5 does not specify fire stations. The fire station will have the following facilities:

5 bunk rooms, 910 sq. ft. of office space and a 50-seat training room. He came up with 769 gallon/day which they think is conservative as they expect demand to be closer to 320gallon/day. He used a figure of 110 gallons/day/bunk and 3gallons/day/seat in the classroom (?unsure about this?). The breakdown is consistent with a project done in Milton. Frado thought this made sense although he did ask for another 15gallon/day/bunk (125 gpd). The BOH agreed to require the additional flows. The design will be revised. They can easily add another 75/gallon/day.

**8. Personnel**

Fantasia is retiring March 1, 2026. The BOH will need a search committee. Fantasia does know of 2 candidates, and we can advertise with the Massachusetts Health Office Association for \$75 (the MAHB does not have a web site). Collins suggested reaching out to Mike Hugo Director of Policy & Government Relations at Massachusetts Association of Health Boards. Great Meadows could also be a resource and of course, the position can be posted on bulletin boards. Collins will run it by Aubrey Thomas, HR Director, who is usually on search committees. Fantasia also recommends including Meghan Sullivan, the new conservation administrator, since Land Use Permitting is a major part of the duties. Fantasia will ask her about it. Wall and Proctor will also be on the search committee. Jennine Blum asked about

increasing her hours especially during the transition. Fantasia suggests raising it from 30 to 35 hours a week and the job should be at Grade 8. Currently it is Grade 7. The question of how Fantasia's salary compares to other towns arose and it was noted that the health assistant at Wayland is currently at Fantasia's salary. The BOH agreed to look into the changes, first for the transition and then on a permanent basis for FY27.

**9. PHN report**

See below.

**10. Well Regulations**

Fantasia heard from the town council; they had a few grammatical edits but nothing more. Fantasia said some residents had concerns over the flow test but they are not present tonight. Erickson moved to accept the revised Water Regulations effective March 1st. Proctor seconded the motion which passed unanimously.

**11. Additional ongoing business**

Jennine Blum's hours should be increased to 35 hours/week immediately and we would also like to increase Laura Duff to 10 hours/week.

**12. Adjourn**

Wall moved to adjourn, Proctor seconded the motion which passed unanimously. Adjourned at 8:45 pm., meeting will be hybrid on 2/11/26 at 7:00 PM.

Respectfully submitted:  
David Erickson,  
Recorder

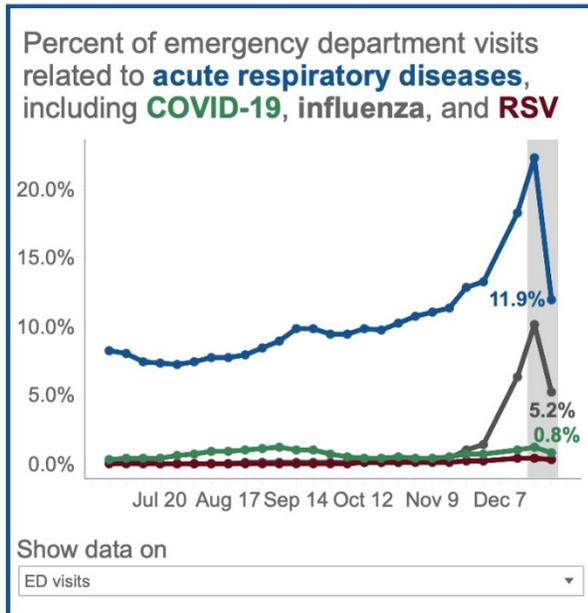
**Public Health Nurse Report  
MAVEN**

**November 18<sup>th</sup> – January 13<sup>th</sup>**

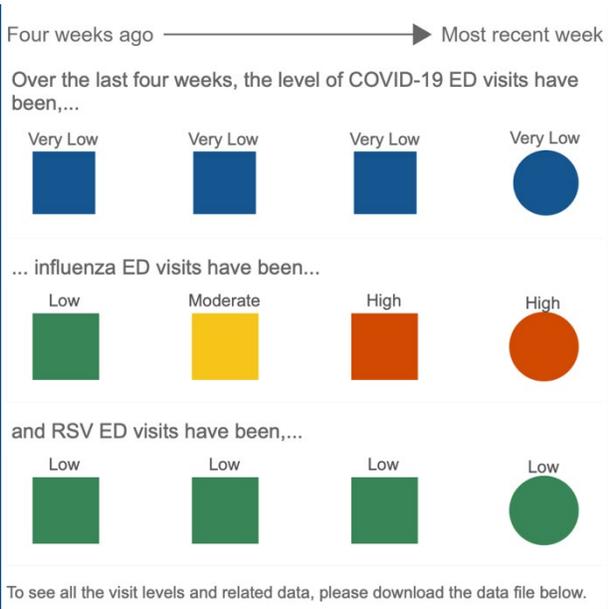
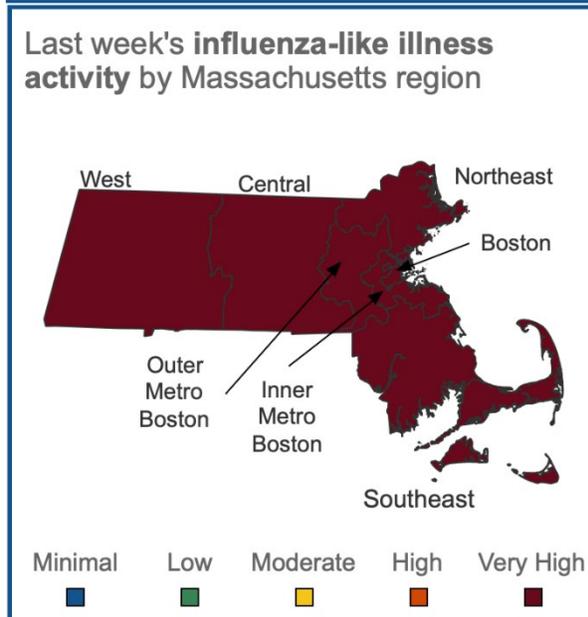
**Since our last meeting, six infectious disease cases have required PHN follow up. None have indicated a threat to public health.**

**Respiratory Illnesses**

Source: <https://www.mass.gov/info-details/viral-respiratory-illness-reporting>



**Rates of RSV and COVID-19 ED visits across the state have been low and very low respectively. Unfortunately, rates of influenza ED visits are now high with “very high” influenza-like illness activity statewide. Flu activity has trended higher and earlier compared to the same time last year. Unfortunately, vaccination rates for COVID-19 and influenza continue to lag behind where we were at this time last year.**



**Town Newsletter**

**For the November issue of the Newsletter, Linda and I submitted two Winter Safety infographics designed by GMPHC. For the**

**January issue, we advertised for our region’s upcoming Mental Health First Aid Training and the regional Opioid Project display that will be at the library later this month.**

**Substance Use Prevention**

**Our work with SAFE (Substance Awareness for Everyone) Great Meadows continues. The survey to help determine the use of the Opioid Abatement funds has just closed. The Carlisle participation goal was met. Preliminary results should be available soon!**