



Town of Carlisle
MASSACHUSETTS 01741

Office of
Council on Aging
66 Westford Street
978 371-2895

RUOK[®] TELEPHONE REASSURANCE SYSTEM

Do you live alone? If so, why not call the Council on Aging and sign up for Carlisle's FREE RUOK[®] Telephone Reassurance System, operated through the Carlisle Police Department in conjunction with the Council on Aging.

How the system works:

1. RUOK[®] automatically calls each person in the call care system at a predetermined time that you set.
2. When RUOK[®] hears a voice response on the phone, it delivers a short pre-recorded call message from the Council on Aging.
3. If you don't pick up after several tries, the police will personally try to reach you, and if there is still no reply, they will stop by and check on you at home.



This system has saved lives. So why not take advantage of this FREE offering, since anyone can fall or have something happen that might limit their ability to call for assistance.

Call the Council on Aging to sign up or for more information at 978-371-2895.